To find these items, you can go to www.google.com and type Microsoft Security Essentials

A list will appear, Click on the link that show the following links

Antivirus

Microsoft Security Essentials:

http://www.microsoft.com/security_essentials/

http://www.microsoft.com/security_essentials/

What is Malware?

Malware (also known as malicious software) has the ability to enter your computer and cause damage to the system without your knowledge or consent

Malwarebytes free software:

http://download.cnet.com/Malwarebytes-Anti-Malware/3000-8022_4-10804572.html?part=dl-10804572&subj=dl&tag=butto

http://download.cnet.com/Malwarebytes-Anti-Malware/3000-8022_4-10804572.html?part=dl-10804572&subj=dl&tag=button